



HEYWOOD

Bar & Grill

Breakfast Menu



BEVERAGES

Freshly Ground Coffee or a pot of Tea
(please choose from a variety of blends)

Chilled Orange & Apple Juice

Should you wish to order an alternative hot
beverage such as a Cappuccino, Latte or
Espresso an additional charge of £2.50 per
beverage will apply



CONTINENTAL

A selection of freshly baked Danish Pastries,
Toast & Croissants

Plain or Fruit Yoghurts

Choice of Cereals

Fresh Fruit Selection



FRESHLY COOKED

Sausage, Bacon, Tomato, Field Mushrooms,
Beans, Hash Brown Potato & a choice of egg
cooked to order

Scrambled Eggs & Smoked Scottish Salmon
on English Muffin

Grilled Kippers

Smoked Haddock & Poached Egg

Bacon Pancakes with Syrup

Plain Pancakes with a Lemon Wedge

Freshly made Porridge with Local
Pembrokeshire Honey

Vegan Cooked Breakfast

On behalf of the entire team... we would like to
thank you for choosing to stay at Heywood Spa
Hotel. Please enjoy your breakfast, which is
freshly cooked to order. Want something
different? Let us know what it is, we will
endeavour to make it happen

We want to hear from you! At Heywood Spa
Hotel, we strive to give our guests excellent
service & fine dining. We value all feedback so
please return your guest questionnaire, or
provide your comments on Facebook, Twitter,
Google Reviews or Tripadvisor where we have
both the Hotel and Bar & Grill profiles. We are
proud to have achieved a Certificate of
Excellence in 2022 from Tripadvisor & it is only
with your continued support we can maintain
this.

*Whilst all the food we serve at The Bar & Grill is
prepared to the highest health & safety standards, Public
Health Services have determined that eating uncooked or
partially cooked meats, poultry, fish, eggs, milk & shellfish
may increase your risk of foodborne illness, especially if
you have certain medical conditions. Please be advised
that some of our products may contain allergens.
Individuals sensitive to any allergen should contact a
member of staff prior to consumption.